

The Association **NEI DAO** presents

"Life nourishing Internal Alchemy"

Qigong and International Scientific Research



Rome,
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This Conference, the first of its kind in Italy, aims to help rediscover and promote the importance of the person as protagonist of their own life. The body, breath, mind and spirit are all a single system working towards restabilising and improving the energetic balance of the individual, for physical health and interior well-being.

Dr. Kevin Chen, Ph. D. MPH, Associate Professor of the Center for Integrative Medicine and the Department of Psychiatry, University of Maryland, School of Medicine, will introduce medical Qigong and its effectiveness on various pathologies. In particular he will illustrate the results of scientific research on Qigong applied to cancer, stress-related disturbances, addiction and dependency treatment.

Qigong Grandmaster Effie Chow, PhD, RN, Lac, a widely recognized spokesperson for Qigong and TCM, was appointed in 2000 by President Clinton to the White House Commission on Complementary and Alternative Medicine Policy. Dr. Chow will introduce and demonstrate her "Body/Mind/Spirit Chow Medical Qigong - Health for Self and the Planet". Deepak Chopra, M. D., said of her: "Effie Chow is one of the strongest energy based healers and acupuncturists I have met and I have seen with my own eyes some of the remarkable results of her Qigong work."

The Conference will be chaired by Maria Luisa Vocca who will also present a summary of the latest World Qigong Congress held in S. Francisco (USA) on 24 - 25 April 2010.

The Conference will also host the AGM of OTTO, the Italian National Organization of Tuina and Qigong operators.

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